

**ROCKY MOUNTAIN GERIATRICS CONFERENCE
& COMMUNITY RESEARCH SYMPOSIUM**

**Current Controversies, Emerging Ethics
& Taboo Topics in Geriatric Care**

AGENDA - DAY 1

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- 8:00am** **Registration and Light Breakfast**
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- 8:30am** **Welcome and Announcements**
Vineet Chopra, MD, Chair - CU Anschutz Department of Medicine
Cari Levy, MD, PhD, Chair - CU Anschutz Division of Geriatrics
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- 8:45am-9:45am** **Transforming Geriatric Care with AI: Opportunities and Challenges**
Casey Green, PhD, Director, CU Anschutz School of Medicine, Center for Health Artificial Intelligence, Elizabeth Goldberg, MD, SoM, FACEP, Associate Professor, Emergency Medicine, Jayashree Kalpathy-Cramer, PhD, CU Anschutz, Department of Ophthalmology, Chief, Artificial Medical Intelligence, Tellen Bennett, MD, MS, Associate Professor, CU Anschutz Medical Campus
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- 9:45am-10:00am** **Refreshment Break**
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- 10:00am-10:45am** **Older Adults and Sexual Health**
Helen Coons, PhD, ABPP, President & Clinical Director,
Health Psychology Solutions
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- 10:45am-11:30am** **Shared Decision Making: Paradise City or Welcome to the Jungle?**
Dan Matlock, MD, MPH, Professor, CU Anschutz Division of Geriatrics
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- 11:30am-12:15pm** Lunch
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- 12:15pm-1:00pm** **Ageism: Uncovering the Invisible “Ism”.**
Tim Farrell, MD, AGSF, Professor of Medicine and Interim Geriatrics
Division Chair, University of Utah
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- 1:00pm-1:15pm** Refreshment Break

See next page for Day 1 Breakout Tracks ➡

1:15pm-2:30pm

Breakout Tracks

Underrepresented Older Adult Communities

- Considerations in Hormone Therapy in Older Gender Diverse Adults
- Unraveling the Gaps: Exploring Hospice Utilization Among Older Black Adults

Ageing Health in Rural Communities

- Tele-care: Its Challenges and Benefits when Connecting with Palliative Care and Dementia Patients
- Tele-Rehab Triumphs: Navigating the Challenges and Reaping the Benefits

Elder Abuse: Protecting the Most Vulnerable Older Adults

- Building a Safety Net: Interdisciplinary Response to Elder Abuse

Connecting Long-Term Care and Academia – I Know Care Network

- Post-Acute and Long-Term Care Network Highlights
- Rebranding: I Know Care Research Network
- Civil Monetary Fund Grant Workshop

2:30pm-2:45pm

Break/Transition

2:45pm-4:00pm

Breakout Tracks

Men & Women's Health

- Breaking the Silence: How Sex Differences in Mental Health Shape the Aging Process
- DHEA: The Sidelined Steroid that May Benefit Bone and Muscle in Postmenopausal Women
- Testosterone Therapy: Banned in the Olympics, but What About Older Men?

Emotion, Grief and End-of-Life Care

- End-of-Life Care vs Palliative Care: What's the Difference?
- Finding Light in the Shadows: Hope and Healing for Older Adults in Later Life
- Medical Aid and Dying: Controversy, Dilemma, or Taboo?

Medication Controversies

- Alzheimer's Disease - Are These New Medications Worth the Side Effects?
- Weight Loss Medications: What are the Long-Term Effects?
- How About Psychedelic Drugs: Older Adults and a Long Strange "Trip?"

Stories of Dementia, Stories of Community: Exploring Well-Being

Within Dementia with the Pyramid Lake Paiute Tribe of Nevada

- Film Screening: Finding Pesa Soaname: A Story of Identity, Community, and Dementia
- Followed by a discussion about cultural sensitivity, dementia care and support, and well-being with Tribal Communities

4:00pm

Day 1 Concluding Remarks

AGENDA - DAY 2

8:00am	Registration and Light Breakfast
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8:30am	Welcome and Announcements Alison Lakin, PhD, Associate Vice Chancellor for Regulation Compliance, CU Anschutz Medical Campus, Cari Levy, MD, PhD, Chair, CU Anschutz Division of Geriatrics
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8:45am-9:30am	Menopause is not a Taboo: Studying a Consequence of Aging That Affects Half of the Population Wendy Kohrt, PhD, Director of Research, CU Anschutz Division of Geriatric Medicine
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9:30am-10:45am	Lightning Round Presentations with Leading Researchers in Aging <ul style="list-style-type: none">• Aging with HIV: Beyond Diagnosis and Treatment• Aging Eyes: Why Aren't We Talking About Vision Care Access and the Burden of Correctable Vision Loss?• Today's Cancer Patient is Tomorrow's Cardiovascular Patient - Getting to the HeART(ery) of the Matter
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10:45am-11:45am	Research Roadshow – A Highly Interactive Experience Between Research Teams and Symposium Attendees
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11:45am-12:30pm	Lunch with a Researcher & Older Adult Research Specialist
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12:30pm-1:45pm	Lightning Round Presentations with Leading Researchers in Aging <ul style="list-style-type: none">• The Immune System and Disease - Challenges Across the Ages• Are Nursing Home Placement Decisions Made Hastily?• The Science of Sleep: Decoding Brain Aging with Digital Health Innovations
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1:45pm-2:45pm	Research Roadshow – A Highly Interactive Experience Between Research Teams and Symposium Attendees
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2:45pm-4:00pm	Lightning Round Presentations with Leading Researchers in Aging <ul style="list-style-type: none">• Does Menopause Impact Health in Early Old Age?• Firearms and Older Adults: Saving Lives, Relationships and Communities• Dietary Supplement-Based Strategies for Improving Vascular Function with Aging
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4:00pm	Day 2 Concluding Remarks
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