Thursday, September 19, 2024 ۸

CU Anschutz Health & Science – Elliman Conference Center

20TH ANNUAL

## **ROCKY MOUNTAIN GERIATRICS CONFERENCE** & COMMUNITY RESEARCH SYMPOSIUM

## Current Controversies, Emerging Ethics & Taboo Topics in Geriatric Care

## AGENDA - DAY 1

8:00am	Registration and Light Breakfast
8:30am	Welcome and Announcements Vineet Chopra, MD, Chair - CU Anschutz Department of Medicine Cari Levy, MD, PhD, Chair - CU Anschutz Division of Geriatrics
8:45am-9:45am	<b>Transforming Geriatric Care with Al: Opportunities and Challenges</b> Casey Green, PhD, Director, CU Anschutz School of Medicine, Center for Health Artificial Intelligence, Elizabeth Goldberg, MD, SoM, FACEP, Associate Professor, Emergency Medicine, Jayashree Kalpathy-Cramer, PhD, CU Anschutz, Department of Ophthalmology, Chief, Artificial Medical Intelligence, Tellen Bennett, MD, MS, Associate Professor, CU Anschutz Medical Campus
9:45am-10:00am	Refreshment Break
10:00am-10:45am	<b>Older Adults and Sexual Health</b> Helen Coons, PhD, ABPP, President & Clinical Director, Health Psychology Solutions
10:45am-11:30am	Shared Decision Making: Paradise City or Welcome to the Jungle? Dan Matlock, MD, MPH, Professor, CU Anschutz Division of Geriatrics
11:30am-12:15pm	Lunch
12:15pm-1:00pm	<b>Ageism: Uncovering the Invisible "Ism".</b> Tim Farrell, MD, AGSF, Professor of Medicine and Interim Geriatrics Division Chair, University of Utah
1:00pm-1:15pm	Refreshment Break
	See next page for Day 1 Breakout Tracks 🜩

\*Topics and presenters are subject to change without notice

Thursday, September 19, 2024 | Day 1 Agenda \_\_\_\_\_\_

1:15pm-2:30pm	Breakout Tracks
	Underrepresented Older Adult Communities
	<ul> <li>Successful Aging Among LGBTQ+ Older Adults</li> </ul>
	<ul> <li>Unraveling the Gaps: Exploring Hospice Utilization Among Older Black Adults</li> </ul>
	Aging Health in Rural Communities
	<ul> <li>Tele-care: Its Challenges and Benefits when Connecting with Palliative Care and Dementia Patients</li> <li>Tele-Rehab Triumphs: Navigating the Challenges and Reaping the Benefits</li> </ul>
	Elder Abuse: Protecting the Most Vulnerable Older Adults
	<ul> <li>Building a Safety Net: Interdisciplinary Response to Elder Abuse</li> </ul>
	<ul> <li>Connecting Long-Term Care and Academia – I Know Care Network</li> <li>Post-Acute and Long-Term Care Network Highlights</li> <li>Rebranding: I Know Care Research Network</li> <li>Civil Monetary Fund Grant Workshop</li> </ul>
2:30pm-2:45pm	Break/Transition
2:45pm-4:00pm	Breakout Tracks
	Men & Women's Health
	<ul> <li>Breaking the Silence: How Sex Differences in Mental Health Shape the Aging Process</li> </ul>
	<ul> <li>Aging Process</li> <li>DHEA: The Sidelined Steroid that May Benefit Bone and Muscle in Postmenopausal Women</li> </ul>
	• Testosterone Therapy: Banned in the Olympics, but What About Older Men?
	Emotion, Grief and End-of-Life Care
	<ul> <li>End-of-Life Care vs Palliative Care: What's the Difference?</li> <li>Finding Light in the Shadows: Hope and Healing for Older Adults in Later Life</li> <li>Medical Aid and Dying: Controversy, Dilemma, or Taboo?</li> </ul>
	Medication Controversies
	<ul> <li>Alzheimer's Disease - Are These New Medications Worth the Side Effects?</li> </ul>
	<ul> <li>Weight Loss Medications: What are the Long-Term Effects?</li> <li>How About Psychedelic Drugs: Older Adults and a Long Strange "Trip?"</li> </ul>

Friday, September 20, 2024 | Day 2 Agenda \_\_\_\_\_\_

**AGENDA - DAY 2** 

8:00am	Registration and Light Breakfast
8:30am	Welcome and Announcements Alison Lakin, PhD, Associate Vice Chancellor for Regulation Compliance, CU Anschutz Medical Campus, Cari Levy, MD, PhD, Chair, CU Anschutz Division of Geriatrics
8:45am-9:30am	Menopause is not a Taboo: Studying a Consequence of Aging That Affects Half of the Population Wendy Kohrt, PhD, Director of Research, CU Anschutz Division of Geriatric Medicine
9:30am-10:45am	<ul> <li>Lightning Round Presentations with Leading Researchers in Aging</li> <li>Aging with HIV: Beyond Diagnosis and Treatment</li> <li>Aging Eyes: Why Aren't We Talking About Vision Care Access and the Burden of Correctable Vision Loss?</li> <li>Today's Cancer Patient is Tomorrow's Cardiovascular Patient - Getting to the HeART(ery) of the Matter</li> </ul>
10:45am-11:45am	Research Roadshow – A Highly Interactive Experience Between Research Teams and Symposium Attendees
11:45am-12:30pm	Lunch with a Researcher & Older Adult Research Specialist
12:30pm-1:45pm	<ul> <li>Lightning Round Presentations with Leading Researchers in Aging</li> <li>The Immune System and Disease - Challenges Across the Ages</li> <li>Are Nursing Home Placement Decisions Made Hastily?</li> <li>The Science of Sleep: Decoding Brain Aging with Digital Health Innovations</li> </ul>
1:45pm-2:45pm	Research Roadshow – A Highly Interactive Experience Between Research Teams and Symposium Attendees
2:45pm-4:00pm	<ul> <li>Lightning Round Presentations with Leading Researchers in Aging</li> <li>Does Menopause Impact Health in Early Old Age?</li> <li>Firearms and Older Adults: Saving Lives, Relationships and Communities</li> <li>Dietary Supplement-Based Strategies for Improving Vascular Function with Aging</li> </ul>
4.00pm	Day 2 Capaluding Romarka