

# Drug Abuse Screening Test (DAST-10)



The following questions concern information about your possible involvement with drugs *not including alcoholic beverages* during the past 12 months.

“Drug abuse” refers to (1) the use of prescribed or over-the-counter drugs in excess of the directions, and (2) any nonmedical use of drugs.

The various classes of drugs may include cannabis (marijuana, hashish), solvents (e.g., paint thinner), tranquilizers (e.g. Valium), barbiturates, cocaine, stimulants (e.g., speed), hallucinogens (e.g., LSD) or narcotics (e.g., heroin). Remember that the questions *do not* include alcoholic beverages.

Answer every question. If you have difficulty with a statement, choose the response that is mostly right.

IN THE PAST 12 MONTHS...

PLEASE CIRCLE

1.	Have you used drugs other than those required for medical reasons?	Yes	No
2.	Do you abuse more than one drug at a time?	Yes	No
3.	Are you unable to stop abusing drugs when you want to?	Yes	No
4.	Have you ever had blackouts or flashbacks as a result of drug use?	Yes	No
5.	Do you ever feel bad or guilty about your drug use?	Yes	No
6.	Does your spouse (or parents) ever complain about your involvement with drugs?	Yes	No
7.	Have you neglected your family because of your use of drugs?	Yes	No
8.	Have you engaged in illegal activities in order to obtain drugs?	Yes	No
9.	Have you <i>ever</i> experienced withdrawal symptoms (felt sick) when you stopped taking drugs?	Yes	No
10.	Have you had medical problems as a result of your drug use (e.g. memory loss, hepatitis, convulsions, bleeding)?	Yes	No

**SCORING:** SCORE 1 POINT FOR EACH QUESTION ANSWERED “YES,” EXCEPT FOR QUESTION 3 FOR WHICH A “NO” RECEIVES 1 POINT.

TOTAL SCORE: \_\_\_\_\_

(over for scoring interpretation)

Interpretation of Score		
Score	Degree of Problems Related to Drug Abuse	Suggested Action
0	No problems reported	None at this time
1-2	Low Level	Monitor, re-assess at a later date
3-5	Moderate level	Further Investigation
6-8	Substantial level	Intensive assessment
9-10	Severe level	Intensive assessment