



Living with Younger Onset Memory Loss Support Group

Support for living with Younger Onset Alzheimer's Disease or Related Conditions

Support Group Description

The Living with Young Onset Support Group is a 6-week In-Person support series for people living with a new diagnosis of Younger Onset Alzheimer's Disease or Related Conditions.

Tuesday, October 1st -Tuesday, November 5th

9:30-11am

CU Psychiatry Department 1890 N. Revere Court

Support Group Topics Include:

Q&A with The Memory Clinic

Cognitive Compensation Strategies

Deepening Acceptance and Resilience

The Power of Adaptation

Coping with Changes in Mood

An interview and intake with the CU Outpatient Psychiatry Clinic is required to participate. Insurance is billed for this group. This support program is a collaboration of the Memory Disorders Clinic, The Alzheimer's Association Colorado Chapter and the University of Colorado Anschutz Psychiatry Department.

Contact Mary O'Hara, LCSW at 303.724.9419 or
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