



Seeking Family Caregivers of People with Dementia due to Parkinson’s Disease or Lewy Bodies to Mentor Other Caregivers in a New Research Study

<p>What</p>	<p>National NIH-funded study testing an educational program for family caregivers of people with Parkinson’s Disease Dementia or Lewy Body Dementia.</p> <p>Experienced caregivers will be trained as mentors to newer caregiver mentees and will guide each mentee through a 12-week curriculum with short readings, resources, and conversation starters through weekly calls.</p> <p>All participation is virtual; there are NO in-person visits. Mentors fill out surveys at baseline and after each mentee.</p>
<p>Who</p>	<p>Family caregivers of a loved one with Parkinson’s Disease Dementia, Parkinson’s Disease with visual hallucinations, or Lewy Body Dementia with either three or more years’ experience as a caregiver, or whose loved one has passed.</p>
<p>Length</p>	<p>Virtual mentor training: approximately six hours</p> <p>Mentoring: 12 weeks of weekly calls with a single mentee, up to 3 over the course of 1-3 years. Approximately 45-60 minutes per week during active weeks. Mentors are supported by the study team, including access to an expert social worker and monthly virtual conferences with other study mentors</p>
<p>Criteria</p>	<ul style="list-style-type: none"> • Your loved one with Parkinson’s Disease or Lewy Body Dementia must have cognitive symptoms or hallucinations for at least three years or have died. • You must be living with or spending at least 10 hours/week caregiving now, or in the past (if deceased) • You must live in the US, have a phone and internet, and be comfortable speaking and reading English.
<p>Gratitude</p>	<p>Up to \$400 for completing mentor training, up to 3 mentoring relationships, and related surveys.</p>

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