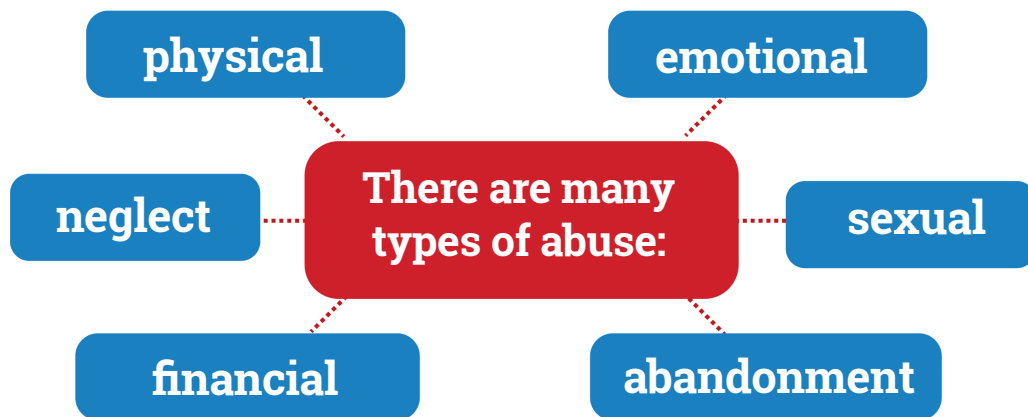


SPOTTING THE SIGNS OF ELDER ABUSE

Abuse can happen to any older person, by a loved one, a hired caregiver, or a stranger. Abuse can happen at home, at a relative's home, or in an eldercare facility.



Watch for these signs of abuse:



- ▶ Seems **depressed**, **confused**, or **withdrawn**
-



- ▶ **Isolated** from friends and family
-



- ▶ Has **unexplained bruises, burns, or scars**
-



- ▶ Appears **dirty, underfed, dehydrated, over- or undermedicated**, or not receiving needed care for medical problems
-



- ▶ Has **bed sores** or other preventable conditions
-



- ▶ Recent **changes in banking or spending** patterns

Talk with the older adult and then contact the local Adult Protective Services, Long-Term Care Ombudsman, or the police.

Visit <https://www.nia.nih.gov/health/topics/elder-abuse> to learn more about elder abuse and how to get help.

