



## STUDY PARTICIPATION OPPORTUNITY

# Seeking Current and Former Family Caregivers

Caring for a family member with dementia is demanding, and research has shown that it can negatively affect the physical and mental health of caregivers.

This research study is being done to develop a unique matching process for connecting current and former caregivers with one another for the purpose of peer-to-peer emotional support.

The study will help researchers determine whether caregivers of persons with dementia would find a technology-based caregiver matching program valuable.

### What will you be asked to do?

Participants in this 15-month study will complete an online matching profile, engage with caregivers they are matched with, complete questionnaires approximately every three months and touch base with the study coordinator.

### Who can participate?

Persons who have been in a caregiving role for someone with dementia for at least three months.

### You may qualify if:

- You are a current or former dementia caregiver
- You have access to the internet

### Participation involves:

- Using a web-based matching tool to meet other caregivers
- Completing questionnaires and surveys over the course of the study
- Checking in with a study coordinator at 3 time points
- Connecting with up to 5 caregivers over the course of the study



### Potential benefits:

- Find new connections with whom to share your caregiving experience
- Give and receive emotional support related to dementia caregiving

Compensation available for participants

For more information or to complete an eligibility screening: Email [connect2caregivers@mayo.edu](mailto:connect2caregivers@mayo.edu) or visit the QR code/url below

<https://mayocl.in/3Kj76gS>

