

Society of Hospital Medicine Course Point of Care Ultrasound (POCUS) CME Course-Denver

Course Itinerary

Day 1

Time	Group 1	Group 2
0730 – 0800	Written Pre-test	
0800 – 0820	Welcome & Course Overview	
0820 – 0920	Focused Cardiac Ultrasound Lecture	
0920 – 0930	Break & Divide into 2 groups	
0930 – 1045	Table 1: Parasternal –long and short axis views Table 2: Apical 4-chamber view Table 3: Subcostal 4-chamber view & IVC	Practice Interpretation of Abnormal Cardiac Images
1045 – 1200	Practice Interpretation of Abnormal Cardiac Images	Table 1: Parasternal –long and short axis views Table 2: Apical 4-chamber view Table 3: Subcostal 4-chamber view & IVC
1200 – 1300	Lunch	
1300 – 1400	Lung/Pleural Ultrasound/DVT Lecture	
1400 – 1430	Table 1: Lungs/pleura & Thoracentesis Table 2: LE DVT Table 3: LE DVT	Practice Interpretation of Abnormal Lung, Pleural, and Vascular Images
1430 – 1500	Practice Interpretation of Abnormal Lung, Pleural, and Vascular Images	Table 1: Lungs/pleura & Thoracentesis Table 2: LE DVT Table 3: LE DVT
1500 – 1515	Break & Transition	
1515 – 1545	Vascular Access (Central & Peripheral), Lumbar Puncture	
1545 – 1630	Table 1: Central venous access Table 2: Peripheral venous access Table 3: Lumbar puncture	Practice Interpretation of Abnormal Images
1630 – 1715	Practice Interpretation of Abnormal Images	Table 1: Central venous access Table 2: Peripheral venous access Table 3: Lumbar puncture
1715 – 1730	Wrap-up / Questions & Answers	
1730	Adjourn	

Day 2

Time	Group 1	Group 2
0730 – 0800	Breakfast	
0800 – 0900	Abdominal Ultrasound & Paracentesis Lecture	
0900 – 1000	Table 1: Gallbladder Table 2: Aorta & branches Table 3: FAST: RUQ – LUQ – Bladder & Paracentesis	Practice Interpretation of Abnormal Abdominal Images
1000 – 1015	Break & Transition	
1015 – 1115	Practice Interpretation of Abnormal Abdominal Images	Table 1: Gallbladder Table 2: Aorta & branches Table 3: FAST: RUQ – LUQ – Bladder & Paracentesis
1115 – 1200	Skin, Soft Tissues, & Joints	
1200 – 1300	Lunch	
1300 – 1415	Lecture: Integration of POCUS in the evaluation of Shock	Table 1: Scan Review Table 2: Scan Review Table 3: Scan Review
1415 – 1430	Break & Transition	
1430 – 1545	Table 1: Scan Review Table 2: Scan Review Table 3: Scan Review	Lecture: Integration of POCUS in evaluation of Shock
1545 – 1630	Post-course written test & Course Evaluation	
1630 – 1730	Free scanning	
1730	Adjourn	

