

CU Health Plan - Move

Get paid for being active with *Move*.

Log 12 days/month of:
>10,000 steps OR 30 minutes of physical activity

Earn
\$25/month!



If you are a primary member of a CU Health Plan, you are eligible for the *Move*. Program!

1. Download CU Health Plan Move from app store.
2. Click "Enroll Now."
3. Enter employee ID as printed on paystub and @cuanschutz.edu email address.

iOS

Google Play



Find paystub here:



my.cu.edu

Need more information? Click the QR code.



Technical Support: support@fitdigits.com