



# DOC2DOC

## WELLBEING CONSULTING

BROUGHT TO YOU BY



COLORADO  
MEDICAL SOCIETY

Colorado  
Physician Health Program

A free service for all Colorado physicians, physician assistants, anesthesiology assistants and trainees. Consult with a physician peer wellbeing expert to discuss any challenge such as burnout, stress, or situational problems. Receive support and resources without lengthy documentation or extensive evaluation. Follow the steps below and access your three free consultation sessions.

### STEP 1:



**Colorado physician, physician assistant, anesthesiology assistant or trainee calls 720-810-9131.**

*24/7 line answered by a Masters-Level Licensed Clinician to assess the clinical need of the caller.*

### STEP 2:



**Confidentiality is reviewed and peer support services are initiated.**

*Doc2Doc Wellbeing Consulting has the **same** reporting obligation as all licensed Colorado physicians.*

### STEP 3:



**Physician caller receives wellbeing support from a peer physician.**

*If **Doc2Doc Wellbeing Consulting** is the best fit based upon the caller's presentation, a physician will return the physician's call for the first of three free peer consultations.*

*If CPHP traditional comprehensive evaluation services are a best fit based upon caller's presentation OR if more help is needed during or at the end of three free **Doc2Doc Wellbeing Consulting** sessions, the caller will be invited to participate in CPHP traditional services to ensure client has appropriate treatment supports in place.*

**Doc2Doc Wellbeing Consulting...We listen, we understand.**