

Are you concerned about your mental health?

Do you feel burned out?

Are COVID-19 stressors impacting your wellbeing?

CPHP is here to help you!

The Colorado Physician Health Program (CPHP) provides confidential peer assistance services for licensed physicians, physician assistants, anesthesiology assistants, trainees and students of Colorado at no cost. CPHP is a not-for-profit organization formed in 1986, independent of other medical organizations and the government. Assistance includes diagnostic evaluation, treatment referral as well as treatment monitoring and support services to clients with medical, psychological and/or stress-related concerns.



Mission
to promote the health and well-being of physicians and physician assistants through evaluation, treatment referral, support, education and research.

Vision
a healthy Colorado through the well-being of Colorado physicians and physician assistants.

CPHP serves all participants with any and all health concerns. In the 2019-2020 Fiscal Year, our program helped close to 750 providers with health conditions. Among the self referrals (those physicians/physician assistants that sought help themselves) to CPHP last year, the majority (66%) complained of psychiatric, stress, work stress or emotional problems. You can get help, too. Additionally, in 2020 CPHP developed the **COVID-19 Care Line for Physicians**, a free phone line where healthcare providers can access a supportive peer to listen to a physicians' stresses related to caring for patients during this pandemic. Call (720) 810-9131 to access the **Care Line** today.

For more information visit

www.cphp.org or call us at (303) 860-0122