

The Telus Health Support app is available to CU Anschutz Residents and Fellows, **offering free online mental health counseling and support resources 24/7**. The Support app offers virtual, chat, and call options to connect Residents with counseling services, anytime, anywhere.

How to connect:

- Visit the [Telus Health website](#) or download the Telus Health Support app from [Google Play Store](#) or [Apple App Store](#)



Telus Health Support App Set-up is Easy:

1. Search and download the **Telus Health Student Support**
2. Set up your Profile by clicking Student Login
3. Search for **CU Anschutz Student** in the search bar.
4. Enter your information
5. Review the terms of use and consent.
6. If you are interested in wellness tips, accept push notifications
7. You are ready to use Telus Health Support!

Ready to talk? Click the phone or chat icons in the top right-hand corner

Explore the wellness content including assessments, podcasts, articles, webinars, and more!

Telus Health Support Info: [Telus Health Support App Troubleshooting and FAQs](#)