The Colorado Physician Health Program (CPHP) provides confidential peer assistance services for licensed physicians and physician assistants of Colorado at no cost. CPHP is a not-for-profit organization formed in 1986, independent of other medical organizations and the government. Assistance includes diagnostic evaluation, treatment referral as well as treatment monitoring and support services to clients with medical, psychological and/or wellbeing related concerns.

**Mission**

to promote the health and well-being of physicians and physician assistants through evaluation, treatment referral, support, education and research.

**Vision**

a healthy Colorado through the well-being of Colorado physicians and physician assistants.

CPHP serves all licensed physicians, physician assistants, anesthesiology assistants, residents, medical students and physician assistant students throughout Colorado with all health conditions. Peer assistance services aid individuals who have any problems that would affect one’s health such as emotional, psychological or medical problems. In the 2022-2023 Fiscal Year, our program helped close to 650 providers with health conditions. Among the self referrals (those physicians/physician assistants that sought help themselves) to CPHP last year, the majority (57%) complained of psychiatric, stress, work stress or emotional problems.

You can get help, too.