Policy: GME Residents Performing Telemedicine

<table>
<thead>
<tr>
<th>Original Approval:</th>
<th>Effective Date:</th>
<th>Revision Date:</th>
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<tbody>
<tr>
<td>April 21, 2021</td>
<td>April 21, 2021</td>
<td>July 27, 2021 (editorial)</td>
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<td>April 19, 2023</td>
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<td>June 28, 2023 (editorial)</td>
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In this policy, “Residents refers” to both residents and sub/specialty fellows.

**Purpose:**
This policy is to ensure GME Residents are compliant with ACGME, university, federal and state regulations when performing telemedicine.

**Policy:**
Telemedicine means a mode of delivery of healthcare services through HIPAA compliant, telecommunications systems, including information, electronic, and communication technologies, remote monitoring technologies, and store-and-forward transfers, to facilitate the assessment, diagnosis, consultation, treatment, education, care management, or self-management of a covered person’s health care while the covered person is located at an originating site and the provider is located at a distant site. Telemedicine includes, but is not limited to video encounters, patient portal messages, and telephone calls.

**Telemedicine for Patients In-State:** In-state is determined by the location of the patient at the time the telemedicine encounter occurs. In-state status is not determined by the location of the site of practice for the training program or the location of resident or supervising physician.

**Telemedicine for Patients In-State - Allowable**

| GME Residents (ACGME and Non-ACGME) may participate in patient care via telemedicine under direct faculty supervision to all patients provided the patient is located in-state at the time of the encounter. |

**Direct Faculty Supervision - ACGME**

For ACGME Residencies and Fellowships, the Common Program Requirements allow each Residency Review Committee (RRC) the option of permitting Direct Faculty Supervision through the use of telecommunication technology, as defined below:

Direct Supervision:
- The supervising physician is physically present with the resident during the key portions of the patient interaction; or
  - The RRC may further specify that PGY-1 residents must initially be supervised directly.
The RRC may describe the conditions under which PGY-1 residents progress to be supervised indirectly:

- The patient is not physically present with the resident and the supervising physician is concurrently monitoring the patient care through appropriate telecommunication technology while physically present in the location of the resident.

- Virtual direct supervision of residents is allowed in both rural and metropolitan statistical areas through Dec 31, 2023. Effective Jan 1, 2024, virtual direct supervision will only be allowed in rural areas defined as non-metropolitan statistical areas (MSAs).

- Virtual direct supervision may be provided using real-time, interactive audio/video technology (excluding audio-only), and subject to the clinical judgement of the supervising physician or other supervising practitioner. The requirement can be met by the supervising physician or other practitioner being immediately available to engage in audio/video technology and does not require real-time presence or observation of the service throughout the performance of the procedure.

<table>
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<tr>
<th>Direct Faculty Supervision – Billing for Professional Fees</th>
<th>Direct faculty supervision is required for all Residents (ACGME and Non-ACGME) for CU Medicine to bill for professional fees under the name of the Faculty supervisor.</th>
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<tbody>
<tr>
<td>Program Letters of Agreement (PLA)</td>
<td>All in-state telehealth (any patient being seen via an outreach program) will require a PLA or a modification of an existing PLA to include telehealth as part of the program.</td>
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<td>PLAs are required with the facility (hosted site) where the telemedicine patient has established care. The PLA must specify if telemedicine is being provided to these patients at non-health care locations (non-hosted sites) example, the patient’s home.</td>
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## Telemedicine for Patients Out-of-State – Not Allowable

GME Residents (ACGME and Non-ACGME) are **restricted** from practicing telemedicine to out-of-state patients regardless of the level of Faculty supervision provided, due to individual states’ licensing requirements.

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<tr>
<th>Exceptions</th>
<th>Exceptions will be considered by GMEC if out-of-state telemedicine patients are critical to program accreditation. Data regarding case volumes that cannot be met without out-of-state telemedicine patients or providing care to unique populations or clinical scenarios not available in Colorado will be required for consideration. Compliance with applicable state licensing requirements is required.</th>
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### Exception for Wyoming

**Wyoming Board of Medicine Rules:**
- Medical Students in an accredited program are exempt from licensure so long as they are directly supervised by a Wyoming licensed physician. ii
- The Wyoming Medical Board defines “Medical Students” as “physicians trained in an LCME or AOA accredited or board approved school of medicine, or certified by the E.C.F.M.G., who are participating or serving in a program of clinical clerkship, internship, externship, residency or fellowship training under the supervision of a physician licensed by the Board”. iii

**Criteria for Wyoming Exception:**
- The Resident is directly supervised by the Faculty supervisor during the telemedicine encounter.
- The Faculty supervisor is licensed by the Wyoming Medical Board.
- The Wyoming site is approved as a CU Medicine Site of Practice.
- PLAs are required with the facility (hosted site) where the telemedicine patient has established care. The PLA must specify if telemedicine is being provided to these patients at non-health care locations (non-hosted sites) example, the patient’s home. The PLA must specify compliance with direct faculty supervision.

### Exception for the VA

Any GME Resident supervised by a CUSOM VA Faculty member while practicing on location at the RMR VA providing telemedicine patient care to Veterans is allowed in any state without additional licensure or PLA.
University of Colorado School of Medicine
Graduate Medical Education

1 https://www.acgme.org/Portals/0/PDFs/Specialty-specific%20Requirement%20Topics/DIO-Direct_Supervision_Telecommunication.pdf
2 https://rules.wyo.gov/ Chapter 1: License Eligibility, Application and Interviews Section 7. Exemption from licensure (b)
3 https://rules.wyo.gov/ Chapter 1: License Eligibility, Application and Interviews Section 3. Definitions (aaa)(ii)