

# CU GME Health/Dental Benefits Plan - Where to go for care

## Health Care

### \*In-network Primary Care Physician



Establish your care with a PCP now so you have your in-network PCP connection for treatment such as routine/preventive care, minor illness or injury, and coordination of your health care.

Patients who have established care with a PCP have improved access to appointment times and options to communicate with your PCP via phone, email or online when you get sick or have a health care concern.

**In-network office visit copay - \$20**

### \*In-network Urgent Care and ER Alternatives



Urgent care and alternatives to the ER are options for when you have a sudden illness, such as flu, or minor injuries or abrasions that need to be addressed more immediately.

Urgent care and ER alternatives generally have extended evening and weekend hours and are on a walk-in basis (no appointment necessary).

**Urgent Care/ER Alternative copay - \$20**

\*CU GME Health Benefits Provider Directory with IN-NETWORK PCPs and Urgent Care/ER Alternatives is posted at [medschool.cuanschutz.edu/GMEBenefits](http://medschool.cuanschutz.edu/GMEBenefits).

## Emergency Room



Use the emergency room in a true emergency. Emergency room level care provides critical, life-saving services for those facing true health emergencies. It's expensive and should not be used for your convenience. If you have a life threatening situation or medical emergency, go to the nearest emergency room or call 911.

**Emergency Room copay - \$200**

## Dental Care



CU GME Health Plan members now have access to the Aetna Dental Administrators Network. You do not have to use these providers, but utilizing a network provider can save you money on covered care and the network providers will file claims for you.

\*CU GME Dental Network providers can be found by calling 1-800-513-7177, Option 7 or at [www.aetna.com/DentalAdministrators](http://www.aetna.com/DentalAdministrators)