

# CU GME HEALTH PLAN

## URGENT CARE and OTHER EMERGENCY ROOM ALTERNATIVES

Depending on the services received, co-payment at the following in-network locations may be the same as the office visit/urgent care co-payment.

- Same day appointments may be available with:
  - In-network **family medicine** practices, even if you are *not* an established patient.
  - In-network **internal medicine** practices, if you *are* an established patient.Patients who establish their care with an in-network PCP have better access to communication with their PCP via *My Health Connection*, email and phone. Take care of yourself!
- [AfterOurs Urgent Care, Inc.](#) – Urgent care services, extended hours 7 days a week.
- [Denver Health\\* Adult Urgent Care](#) – Urgent care services, extended hours 7 days a week.
- [The Little Clinic of Colorado](#) in local King Soopers Stores, extended hours 7 days a week.
- [The Campus Health Center](#) (CHC) on the Anschutz Campus is available to GME residents and fellows for minor illnesses and mental health services. (CHC does not currently treat plan dependents.)
- For pediatric urgent care:
  - Contact your child's in-network pediatrician.
  - Go to <http://www.childrenscolorado.org> and click on the "Locations" link to find a Children's Hospital Colorado Urgent Care Site.
  - Take your child to Denver Health\* Pediatric Urgent Care.

\*In-network status at Denver Health applies ONLY to DH Adult Urgent Care and Pediatric Urgent Care services, not any other service provided at Denver Health and ONLY for services provided at time of presentation to Urgent Care.

If you have a true health emergency, call 911 or report to the nearest emergency room.

## REMINDERS

- It is the insured's responsibility to know in-network versus out-of-network providers and benefits. The insured will be responsible for payment of out-of-network deductibles, coinsurance, etc. when out-of-network providers or facilities are accessed, regardless of who directed the patient to the out-of-network provider.
- Ancillary and/or follow-up services, such as labs, x-rays or scans, must also be provided by in-network physicians and facilities (and pre-certified if required) to receive the in-network reimbursement rate.
- When pre-certification is required, it is the insured's responsibility to make certain it is done. Failure to pre-certify will result in the denial of benefits and the insured will be responsible for all related charges. Details are on your health plan ID card and in the Plan Document.
- For more information, including Plan Document, Provider Directory and additional details about the CU GME Health/Dental Benefits Plan, please visit [medschool.cuanschutz.edu.GMEBenefits](http://medschool.cuanschutz.edu.GMEBenefits) or call the GME Benefits Office at 303-724-6024.