

RESIDENT & FELLOW NEWSLETTER

June 2024

In this issue:

Welcome & Congratulations | Pride Month | Community Circles | Quality & Safety Incentive Results | Wellness Updates from UCH
Resident Spotlight: Asim Mohamed



A NEW ACADEMIC YEAR IS ALMOST HERE: WELCOME & CONGRATULATIONS!

WELCOME NEW RESIDENTS & FELLOWS!

With the start of the 2024-2025 academic year, we are thrilled to welcoming more than 400 new interns, residents and fellows to the CU GME community! New interns will attend an orientation event on June 14th and residents on July 1. Please join us in welcoming our new colleagues to Colorado and the Anschutz Medical Campus.



CONGRATULATIONS TO GRADUATING RESIDENTS & FELLOWS!

Of course, with the year change, we also say goodbye to 385 residents and fellows who are completing their training program and taking the next step in their career. We wish to thank you all for your dedication and outstanding work. Your contributions have helped to make the CU School of Medicine and Anschutz Campus top-tier institutions. Wishing you all the best in whatever comes next!



DIVERSITY, EQUITY & INCLUSION

SAFE SPACE TRAINING CERTIFICATE

The CU Anschutz LGBTQ+ Hub is proud to present the Safe Space Training Certificate Program on Tuesday, June 25 from 11 a.m. - 1 p.m., designed to cultivate a more inclusive and supportive environment for the LGBTQ+ community on campus. The dynamic and interactive training program is tailored to empower participants with the knowledge, skills, and awareness necessary to create and maintain safe spaces for all individuals.

[Learn More and Register](#)

IT'S PRIDE MONTH! CELEBRATE WITH CU AT PRIDE FEST

CU is excited to sponsor Denver Pride again this year and we would love for you to participate! Join us as we celebrate and support the diverse identities within the LGBTQIA+ community. There are several ways you can get involved:

- Saturday, June 22: Pride 5k - Run, Walk, Roll, or Sashay!
- Saturday and Sunday, June 22 and 23: Volunteer at CU's booth at PrideFest (2-hour volunteer slots between 8 a.m. - 7:30 p.m.)
- Sunday, June 23, 9:30 a.m. - 12:30 p.m.: Participate in the Pride Parade walking alongside faculty, staff, and students from across the CU system

We have extended the registration deadline to June 16, so please sign up and secure your spot by then.

[Get Involved](#)



DIVERISTY, EQUITY & INCLUSION

Health Equity in Action Lab
UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS



Office of Adaptable Resolution
UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

Anschutz Community Building Circles

Mission:

We offer this time and space for us to foster connection—to be heard, to listen for understanding, and to cultivate a greater sense of belonging for our campus community.

Learn More:



All campus and community members are welcome!

June 2024

Monday, June 3rd

Collaboration with APAMSA
Nighhorse Campbell
Room 204
12pm - 1pm
Lunch Provided

Tuesday, June 11th

Nighhorse Campbell
Room 204
9am-10:30am
Refreshments Provided

Thursday, June 20th

Virtual
12pm-1:30pm
Register for link

Tuesday, June 25th

Nighhorse Campbell
Room 204
1:30pm-3pm
Refreshments Provided

Check out our events:
calendar.cuanschutz.edu

@CUDEICEAnschutz

#AtCUWeSeeYou



Register:



QUALITY & SAFETY

QUALITY & SAFETY ACADEMY REGISTER FOR FALL SESSION

Fall 2024 Virtual sessions offered from 1 - 4 p.m.
MT

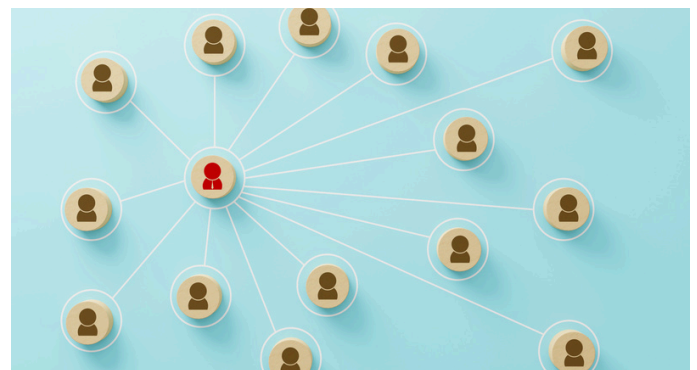
- 8/8 - Quality Improvement and Change Management*
- 8/15 - Applied Patient Safety
- 8/21 - Quality Improvement and Change Management*
- 9/5 - Acquiring Data to Drive Change
- 9/11 - Designing for Change
- 9/19 - Spreading Change Locally and Nationally
- 10/2 - Coaching and Teaching Quality Improvement

[Learn More & Register](#)

QUALITY & SAFETY RESOURCES

Visit the Quality & Safety Resources page on the GME website for easy access to:

- [Safety Event Reporting Systems & Info](#)
- [UCH C-Suite Safety Rounds](#)
- [Quality & Safety Events](#)
- [Q/S Grant Opportunities](#)



QUALITY & SAFETY

QUALITY & SAFETY INCENTIVE PROGRAM - FINAL RESULTS!

The incentive program ended on **April 30th**. Thank you for your diligent efforts and participation to help make this a successful program. Final program and individual data is posted [here](#). As a reminder, payouts will be received in June paychecks.

Be on the lookout for information about next year's (2024-2025) Incentive Program coming soon!



FINAL CUMULATIVE PAYOUTS ACROSS ALL METRICS

Payout Amount	Payout Percentage	#Residents Meeting This Tier	Percentage Meeting this tier
0	0%	60	5%
\$1-500	≤50% (1-50%)	209	16%
\$501-999	≥50% (51-99%)	633	48%
\$1,000	100%	415	32%
	Totals	1317	

QUALITY & SAFETY

FINAL PAYOUTS BY METRIC

DENVER HEALTH METRIC

Payout Amount	Payout Percentage	#Residents Meeting This Tier	Percentage Meeting this tier
0	0%	0	0%
\$1-250	≤50% (1-50%)	285	30%
\$251-499	≥50% (51-99%)	515	54%
\$500	100%	147	16%
	Totals	947	

UNIVERSITY OF COLORADO HOSPITAL METRIC

Payout Amount*	Payout Percentage	# Residents Meeting This Tier	Percentage Meeting this tier
\$0	0%	93	8.98%
\$1-250 or \$1-500	≤50% (1-50%)	146	14.09%
\$251-499 or \$501-999	≥50% (51-99%)	125	12.07%
\$500 or \$1000	100%	672	64.86%
	Totals	1036	100.00%

CHILDREN'S HOSPITAL METRICS (RESIDENTS AND FELLOWS)

Payout Percentage	Payout Amount	Programs/Groups Meeting This Tier	Residents/Fellows Meeting This Tier	Residents/Fellows Meeting This Tier (%)
0%	\$0.00	23	46	16%
≤50% (1-50%)	\$1-500	0	0	0%
≥50% (51-99%)	\$501-999	1	2	1%
100%	\$1,000.00	24	233	83%
TOTALS		48	281	

Wellness Matters



Take Control of your Finances with these Financial Tools

Check out the GME Financial Wellness page where you can access free personal financial consultations, loan forgiveness resources, budgeting tools, and more!

[LEARN MORE](#)

WELLNESS WHILE ON SERVICE

Check out these resources to help make life a little easier while you're on service. Find:

- [Wellness & Sleep Rooms](#)
- [Fatigue Management](#)
- [Lactation Rooms](#)
- [Food on Campus](#)
- [Rideshare Reimbursement](#)



[GET SUPPORT NOW](#)

Going through a tough time? Need some support in your life or work? You can find local support groups and support tolls specifically for medical providers on the GME [Mental Health & Wellness](#) page.



[SELF-SCREENING & ROUTINE CARE](#)

Residents & Fellows have access to a variety of mental health providers and clinics. You can also use one of [these self-screening tools](#) for burnout, depression, and substance use to help detect an issue or prepare for an appointment.



[24/7 CRISIS RESOURCES](#)

In an emergency, call 911 or report to the nearest emergency room. Additionally, the 988 Lifeline provides 24/7, free and confidential support for people in distress. See other [urgent care and crisis resources](#) here.

Need something else?
Check out the GME Wellness page for additional resources.

[WELLNESS](#)

HOSPITAL UPDATES FOR HOUSESTAFF

UNIVERSITY of COLORADO HOSPITAL

Upcoming changes to the AUR pathway and the IUC order panel

The CAUTI (catheter associated urinary tract infections) CEG developed tip sheets for recent and upcoming changes to the acute urinary retention (AUR) pathway and the IUC order panel.

Hospitals Against Violence initiative pushes federal protections

After COVID, federal law was enhanced to protect flight crews and airport workers from unruly and violent passengers. Now, new federal legislation has been introduced to similarly increase penalties for patients, families or others who assault or intimidate health care workers. The act would criminalize assault or intimidation of hospital employees with protections for individuals who may be mentally incapacitated due to illness or substance use.

Listen now: Workplace well-being

In the newest episode of The Medicine Cabinet podcast, hear Justin Ross, PsyD, discuss the vision for workplace well-being at UCHHealth.

Improving patient safety with plain language emergency communications

The use of plain language communication during emergency situations ensures staff, patients and families receive the information they need to stay safe. Starting June 18, some UCHHealth emergency communications such as overhead announcements and Everbridge messages will move from color coding to plain language. View these educational materials in preparation for this transition.

Google Translate: OK for personal travel, not for medical care

Automated translation platforms like Google Translate have become very common. These programs rely on AI to translate words and phrases. Unfortunately, automated translations are not accurate enough to use safely in health care, and these platforms are not secure. Unless you are a qualified bilingual provider, please utilize medical interpreters for clinical communications with patients.



FELLOW SPOTLIGHT

MEET ASIM MOHAMED PGY 5 | RHEUMATOLOGY

Asim Mohmed, MD, MBA, is a graduating Rheumatology Fellow. He was nominated the 2023-2024 Wellness Champion Fellow for the division of Rheumatology. After graduation, he plans to move his career forward by joining a reputable rheumatology practice in upstate New York. Asim is known for his keenness to help his patients and colleagues, his enthusiasm, lighthearted smile, and positive demeanor. He graduated from the University of Khartoum, Sudan. He then completed his internal medicine residency in Ascension St. John hospital in Grosse Pointe Woods, MI and his MBA degree at the University of Southern Indiana in Evansville, IN.



Asim is passionate about improving access to care in underserved populations, both in the US and overseas, particularly in his home country of Sudan. He has future goals to improve delivery of rheumatological education, care and medications to his fellow physicians, medical students and patients in Sudan. Over his years in medicine, he developed a deep interest in autoimmune muscle disorders and is currently pursuing research in these disorders. Outside of work, he loves to socialize and play volleyball at the park on weekend afternoons.

Congratulations on your graduation, Dr. Mohamed!



Have questions? Contact the GME Office

[CONTACT US](#)



Graduate Medical Education

SCHOOL OF MEDICINE

UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

Do you have feedback or want to contribute content on this newsletter? If so we would love to hear from you! Please reach out to [Joe LaFond](#) with your feedback.