We are pleased to announce the winners of the 2023 Michael Chapman Endowed Award

In memory of the life and accomplishments of Michael Patrick Chapman, MD, two endowed awards have been created to support, encourage, and inspire resident physicians to pursue ways to merge their clinical work and research endeavors. These awards are made possible by the generosity of Michael’s father, Richard Chapman, with the hope that Michael’s extraordinary life and indefatigable energy, which epitomized a true scientist-physician-researcher, will inspire others to pursue a similar path in their careers and create a lasting legacy of Michael’s spirit, devotion to helping others, and impact on the medical field. These awards are open to all residents and fellows in radiology and surgery.

Dr. Gladys Arguello Fletes

Dr. Maria Baimas-George
PGY 6 Radiology Fellow

This endowment will provide the ability to attend 3 international conferences on her Pediatric Congenital Cardiac Imaging projects without fear of financial burden or needing to withdraw due to the insurmountable costs.

PGY 7 Transplant Surgery Fellow

“My goal is to make exceptional resources, at appropriate literacy levels, that truly help patients and their families to increase treatment option knowledge, bridge gaps in access to care, effective communication with providers, and help patients advocate for themselves. The financial difference this award will make will give me funds to keep making and printing these books, study the books, and distribute them to those in need.”

QUALITY & SAFETY

The GME Quality & Safety Website is your primary stop for Quality and Safety related information and resources. You can now find individual incentive performance data here.

C-SUITE & RESIDENT SAFETY ROUNDS

Highlighted Improvements from C-Suite Rounds

- RL safety reporting process streamlined and simplified.
- Consult optimization and standardization initiative.
- Transition bed number standardization.
- Clinic inbox management role reassignment.

UCH C-Suite & Resident Patient Safety Rounds

Residents and fellows are invited to participate in UCH C-Suite & Resident Safety Rounds and University Hospital. This is a recurring opportunity for you to enact true change at University Hospital and affiliated clinics. Come prepared to discuss patient safety, and to have an open and collegial discussion with hospital leadership. SIGN UP TODAY.
Quality & Safety Resources
Visit the Quality & Safety Resources page on the GME website for easy access to:
- Safety Event Reporting Systems & Info (also on resident's MedHub homepage)
- UCH C-Suite Safety Rounds
- Quality & Safety Events
- Q/S Grant Opportunities

Quality & Safety Incentive Program
You can review the metric details, updated progress data and other helpful links on the Quality & Safety Incentive Program webpage.

Quality & Safety Academy | January - March, 2024
Spring Dates for QSA are available for registration.
Sessions cover: Quality Improvement, Change Management, Patient Safety, Analyzing Data, and more. Register here. Spring 2024 Dates will be posted soon.

All virtual sessions offered from 1 - 4 p.m.

Get Help NOW!!
Did you know that you have access to Mental Health care 24 hours a day?

The Resident Mental Health Clinic is available 24/7 with same day appointments for urgent needs. The Telus Health Support App is also available 24/7.

Additionally, the 988 Lifeline and Colorado Crisis Services provide 24/7, free and confidential support for people in distress.

See other urgent care and crisis resources here. In an emergency, call 911 or report to the nearest emergency room.
Sleep Rooms and Fatigue Management

Learn how and where to access Sleep and Wellness rooms at UCH, Denver Health and Children's Hospital. Residents and Fellows who are too fatigued to safely drive home may utilize sleep facilities that are in place at the facility where the Resident/Fellow is training. Taxi and/or Uber/Lyft reimbursement is also available.

Self Screening Tools & Routine Care

Regular maintenance is vital for good mental health. Residents & Fellows have access to a variety of mental health providers and clinics. You can also use one of these self-screening tools for burnout, depression, and substance use to help detect an issue or prepare for an appointment.

Take Care of Yourself

Your mental health is just as important as your physical health! Did you know that Residents and Fellows have access to a variety of Mental Health & Wellness resources?

Meet Nik Kaufman, MD

PGY 3 Family Medicine Resident
Housestaff Association Co-President

Nik Kaufman is a third-year family medicine resident at the University of Colorado. He is pursuing fellowship in hospice and palliative care following residency given his values of communication and humanistic, patient-centered care. He graduated from the University of Florida College of Medicine, where his commitment to primary care and underserved medicine developed in his role as the Clinic Director for a student-run, free clinic called the Equal Access Clinic. Since moving to Denver, Nik has furthered this commitment in working at Denver Health's Lowry Family Health Center, largely serving Denver's population of immigrants and refugees, and the DAWN Clinic, caring for Aurora's uninsured population. He is dedicated to advocacy in his position as the Co-President of the Housestaff Association, which serves to represent the interests of the...
residents and fellows of the University of Colorado to hospital and graduate medical education leadership. Nik loves teaching and mentoring in his roles of Chief Resident for medical education in his residency program and a mentor for premedical students for the Healthcare Interest Program. He is proficient in Spanish and will soon spend a month working in a primary care clinic in Guatemala. In his free time, Nik enjoys reading science fiction and classics, playing piano, snowboarding, playing volleyball, and spending time with his cat, Butters.

At CU GME, we value diversity, equity & inclusion as fundamental principles that guide our actions and decisions. We are committed to creating a diverse environment that fosters belonging where every member of our community feels valued, respected, and supported.

CU Anschutz Community Circles
Hosted by The CU Anschutz Office of Diversity, Equity, Inclusion, and Community Engagement.

November 14, 2023 9:00-11:30 Fitzsimons Bldg.
November 16, 2023 10:00-11:30 Fitzsimons Bldg.
December 12, 2023 9-10:30 Fitzsimons Bldg.
Click to Register

Read More
GME Diversity, Equity & Inclusion Webpage
Message from Carol Rumack, MD and Shanta Zimmer, MD
Chancellor's Communique - SCOTUS Decision on Affirmative Action

GME Social Media
We encourage you to follow GME on LinkedIn platform to stay up to date on the latest GME news and announcements.
FOLLOW GME
Questions?

The GME Office is here to help! Find the appropriate contact for your inquiry on the GME website. [Contact GME](#)

On behalf of the CU GME community, thank you for your hard work and dedication!

*Do you have feedback or want to contribute content on this newsletter? If so we would love to hear from you! Please reach out to [Joe LaFond](mailto:JoeLaFond@cuanschutz.edu) with your feedback.*