

RESIDENT & FELLOW NEWSLETTER

February 2024

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Resident Spotlight: Oliver Bawmann



Announcements

Thank you, Housestaff!

We hope you enjoyed Housestaff Appreciation Week. We wish to express our sincere appreciation of all that you do! As the starting point for a lifelong career path, residency can often be a daunting task with many unique challenges. Not only do you rise to the occasion, but you do it with dedication and fortitude. Thank you all for your hard work and commitment to moving medicine forward.



BLACK HISTORY MONTH COMMUNITY CIRCLES

The CU Anschutz Office of Diversity, Equity, Inclusion, and Community Engagement in partnership with the CU Anschutz Office for Adaptable Resolution invite you to join us at our upcoming Community Circles. #AtCUWeSeeYou. Learn more on page 4. [Learn more and register.](#)

CALL FOR APPLICATIONS - CEPS GRANT PROGRAM


Applications for the 2024-2025 funding cycle of the IHQSE Clinical Effectiveness & Patient Safety (CEPS) Grants are now being accepted. Eligibility is open to trainees at Children's Hospital Colorado and the University of Colorado Hospital with funding up to \$10,000 for trainees. Please apply by April 1, 2024. [Learn more and apply here.](#)



DIVERSITY, EQUITY & INCLUSION


GME COMMITMENT TO DIVERSITY, EQUITY AND INCLUSION

At CU GME, we value diversity, equity & inclusion as fundamental principles that guide our actions, and decisions. We are committed to creating a diverse environment that fosters belonging where every member of our community feels valued, respected, and supported.

**Health Equity in Action Lab**
UNIVERSITY OF COLORADO **ANSCHUTZ MEDICAL CAMPUS**

**February
Black History Month
Community Circles**

#AtCUWeSeeYou
#CUStrong





All campus and community members
are welcome

Friday 2/2 | 1:00pm-2:30pm
Virtual (Zoom)

Tuesday 2/13 | 9:00am-10:30am
Nighthorse Campbell Room 204

Wednesday 2/28 | 11:00am-12:30pm
Nighthorse Campbell Room 304


Refreshments provided

MISSION
Welcome into this space, created to be a place for us to grow as a community, to share how things are impacting us personally, and to be heard and to listen for understanding.


JOIN US!



 **@CUDEICEAnschutz**



**INTERESTED IN
LEARNING MORE**



DIVERSITY, EQUITY & INCLUSION

IMPLICIT BIAS REFRESHER COURSE IN SKILLSOFT

The [Health Equity in Action Lab](#) and Dr. Amira del Pino Jones have created the *CU: Implicit Bias and Recruitment in Review* Skillssoft Course for GME. This is intended to be a review for individuals who have already completed an implicit bias training in person and would like a refresher.



[Access Implicit Bias
Training](#)

MARC: MINORITY & ALLIED RESIDENT COUNCIL

The [MARC](#) is a community of residents and fellows from CU School of Medicine and Denver Health intended to support minority residents and foster allyship through the ups and downs of training. In collaboration with CU School of Medicine student and faculty diversity groups, MARC facilitates mentorship from minority physicians within the School of Medicine and in the community.



[Join the MARC mailing list](#)

QUALITY & SAFETY

Ever Wanted to Tell the Hospital CEO What's on Your Mind?

Attend UCH C-Suite & Resident Safety Rounds for an opportunity to make your voice heard and contribute to real improvements.

Residents and fellows are invited to participate in UCH C-Suite & Resident Safety Rounds at University Hospital. This is a recurring opportunity for you to enact true change at University Hospital and affiliated clinics. Come prepared to discuss patient safety, and to have an open and collegial discussion with hospital leadership.

NEXT MEETING: March 4, 2024, 4:00 – 4:45PM | Attend in person or virtually

SIGN UP TODAY

C-SUITE & RESIDENT SAFETY ROUNDS



Highlighted Improvements from C-Suite Rounds

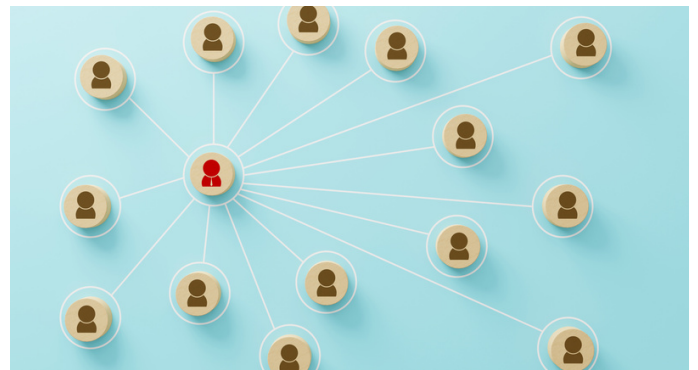
- ✓ RL safety reporting process streamlined and simplified.
- ✓ Consult optimization and standardization initiative.
- ✓ Transition bed number standardization.
- ✓ Clinic inbox management role reassignment.

QUALITY & SAFETY

QUALITY & SAFETY RESOURCES

Visit the Quality & Safety Resources page on the GME website for easy access to:

- [Safety Event Reporting Systems & Info](#)
- [UCH C-Suite Safety Rounds](#)
- [Quality & Safety Events](#)
- [Q/S Grant Opportunities](#)



QUALITY & SAFETY ACADEMY

Spring Dates for QSA are available for registration. Sessions cover: Quality Improvement, Change Management, Patient Safety, Analyzing Data, and more. All virtual sessions offered from 1 - 4 p.m.

[Register Here](#)

QUALITY & SAFETY INCENTIVE PROGRAM

You can review the metric details, updated progress data and other helpful links on the Quality & Safety Incentive Program webpage.

[Check progress data](#)



IHQSE Clinical Effectiveness & Patient Safety (CEPS) Grant Program



Institute for Healthcare Quality, Safety and Efficiency

SCHOOL OF MEDICINE

UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

CALL FOR APPLICATIONS

Applications for the 2024-2025 funding cycle of the IHQSE Clinical Effectiveness & Patient Safety (CEPS) Grants are now being accepted.

The IHQSE CEPS Grant Program provides funding for quality and patient safety initiatives that put evidence into practice and implement innovative process changes to improve patient outcomes and healthcare value. Eligibility is open to trainees at Children's Hospital Colorado and the University of Colorado Hospital with funding up to \$10,000 for trainees. **Please apply by April 1, 2024.**

[Learn more and Apply](#)

Contact Heather.Hallman@cuanschutz.edu with questions.

Wellness Matters



Sign up for the Move App & Earn \$\$

Residents and fellows have free access to the Move app via the CU Health Plan and can earn \$25 per month simply by logging 10,000 steps or 30 minutes of physical activity for 12 days within a given month. Registration is easy: just follow [these instructions](#).

WELLNESS WHILE ON SERVICE

Check out these resources to help make life a little easier while you're on service. Find:

- [Wellness & Sleep Rooms](#)
- [Fatigue Management](#)
- [Lactation Rooms](#)
- [Food on Campus](#)
- [Rideshare Reimbursement](#)



TAKE CARE OF YOURSELF

Your mental health is just as important as your physical health! Did you know that Residents and Fellows have access to a variety of [Mental Health & Wellness](#) resources?



SELF-SCREENING & ROUTINE CARE

Residents & Fellows have access to a variety of mental health providers and clinics. You can also use one of [these self-screening tools](#) for burnout, depression, and substance use to help detect an issue or prepare for an appointment.



24/7 CRISIS RESOURCES

In an emergency, call 911 or report to the nearest emergency room. Additionally, the 988 Lifeline provides 24/7, free and confidential support for people in distress. See other [urgent care and crisis resources](#) here.

Need something else?
Check out the GME Wellness page for additional resources.

WELLNESS



RESIDENT SPOTLIGHT

MEET OLIVER BAWMANN PGY 4 | INTERNAL MEDICINE/PEDIATRICS

Oliver Bawmann is a fourth-year resident in the Internal Medicine/Pediatrics (aka Med-Peds) program. He grew up in Denver but went to undergrad at Santa Clara University where he discovered his passion for medicine and patient care working as an EMT during college. He returned home to Denver for medical school and continued at CU for residency. He is interested in medical education, provider wellbeing, and critical care, and hopes to pursue an adult pulmonary medicine and critical care fellowship after serving as one of the internal medicine chief residents next year. When not in the hospital he loves playing basketball, volleyball, rock climbing and cooking, often with the many amazing co-residents here at CU he feels lucky to call friends!



Have questions? Contact the GME Office

[CONTACT US](#)



Graduate Medical Education

SCHOOL OF MEDICINE

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Do you have feedback or want to contribute content on this newsletter? If so we would love to hear from you! Please reach out to [Joe LaFond](#) with your feedback.