



Endocrinology, Metabolism and Diabetes  
SCHOOL OF MEDICINE  
UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

**APPLICATION INSTRUCTIONS FOR  
NIH T32: Research Training Program in Metabolism, Obesity and Type 2 Diabetes for PhDs,  
MDs or DOs**

University of Colorado - Anschutz Medical Campus  
Department of Medicine, Division of Endocrinology, Metabolism and Diabetes  
Program Director: Dan Bessesen, MD ([Daniel.Bessesen@cuanschutz.edu](mailto:Daniel.Bessesen@cuanschutz.edu))

Phone: 303-887-2206

The purpose of this training grant is to provide salary support for post-doctoral training in metabolism, obesity, and type 2 diabetes. Individuals with PhD, MD, or DO degrees are welcome to apply. Applications proposing studies involving children, adolescents or individuals with type 1 diabetes are outside the scope of this program and will not be considered. Applicants should have a mentor and research project selected before applying. Feel free to contact Dr. Daniel Bessesen if you have any questions about eligibility, your mentor, or your proposed area of research ([Daniel.Bessesen@cuanschutz.edu](mailto:Daniel.Bessesen@cuanschutz.edu)).

**The deadline for application submission is Friday May 15<sup>th</sup>, 2026. Submit your completed application to [Daniel.Bessesen@cuanschutz.edu](mailto:Daniel.Bessesen@cuanschutz.edu)**

Please submit the following documents for your application to this program:

- A. Current CV
- B. Personal Statement
- C. Research Proposal
- D. Two or Three Letters of Reference
- E. Mentor's Letter of Support

- Only U.S. citizens, non-citizen nationals, and permanent U.S. residents may be appointed to a T32. Trainees who do not have this status must have a valid Alien Registration Receipt Card (I-551) "Green Card."

**A)** Please submit a current CV that includes the following information:

**COMPLETE CONTACT INFORMATION**

## **1. EDUCATION**

- Give a summary of all educational qualifications, including dates and issuing institutions
- For PhDs, list the specific area of research, thesis title, and full name of your mentor
- For MDs, list your internship and residency type and any fellowship training with dates and institutions (and primary mentor's name, if applicable)
- For MDs, provide details of any board certification, including date of certification.

## **2. ADDITIONAL TRAINING EXPERIENCE**

- List any additional training not included in the "Education" section, such as assistantships, internships, practicums, or practice details.
- For MDs, list any previous research experience.

## **3. HONORS**

- List any honors, including assistantships/scholarships, academic and service awards.

## **4. EMPLOYMENT HISTORY**

## **5. MEMBERSHIP IN PROFESSIONAL AND/OR MEDICAL ASSOCIATIONS**

## **6. PUBLICATIONS**

- List any journal articles and indicate whether these are peer-reviewed.
- List any published abstracts and note as an abstract.

## **7. SCIENTIFIC PRESENTATIONS**

- List any poster or oral presentations; indicate whether these were peer reviewed.
- Include the title of the presentation, date(s), and name and location of the symposium or event where it was presented.

## **8. TEACHING EXPERIENCE**

- List any non-research-based classroom or clinical lectures, small groups, course teaching (research presentations should be listed in section 7)

**B) PERSONAL STATEMENT (1 page):** Briefly describe your background and the experiences that led you to seeking research training in metabolism, obesity or type 2 diabetes. Discuss your goals for the period of support and your long-term career plans as you see them now. If appropriate you can discuss gaps or limitations in your prior training that you hope to address during the proposed period of support. Please name the mentor that you have chosen and a bit about how you selected this lab and how this fellowship will facilitate your transition to a future independent research career or a career in research.

- C) BRIEF RESEARCH SYNOPSIS (1 page):** Please provide a description of your proposed research aims, hypotheses, and a brief overview of proposed methods if you receive this award. If you do not have a fully developed research plan, describe the research questions you are interested in answering during the fellowship and how you plan to pursue these with the mentor you have identified. This description should be in the form of a specific aims page that would be included in an NIH style grant.
- D) LETTERS OF REFERENCE:** Please provide the names of two or three individuals, including contact information (name, academic title, mailing address, email, telephone) who will provide letters of reference for you. One of these individuals should be the program director of your current (or most recent) training program. Please ask each of these individuals to provide a Letter of Recommendation for you, addressed to Dr. Daniel Bessesen, Program Director, Training Program in Metabolism, Obesity and Type 2 Diabetes and emailed to [daniel.bessesen@cuanschutz.edu](mailto:daniel.bessesen@cuanschutz.edu) with a subject line: LOS for <your name>.
- E) MENTOR'S LETTER OF SUPPORT (2 page maximum):** Your proposed T32 mentor should provide a letter of support which includes the following items. Please discuss these items with your mentor before they prepare the letter of support:
- A willingness to provide mentorship along with a brief description of a mentor-mentee training plan.
  - Source(s) of any additional funding for the proposed research.
  - Adequacy of the proposed training plan to address any gaps in prior training as necessary.
  - Your mentor should email your letter of support to [Daniel.Bessesen@cuanschutz.edu](mailto:Daniel.Bessesen@cuanschutz.edu), with a subject line: Mentor LOS for <your name>.