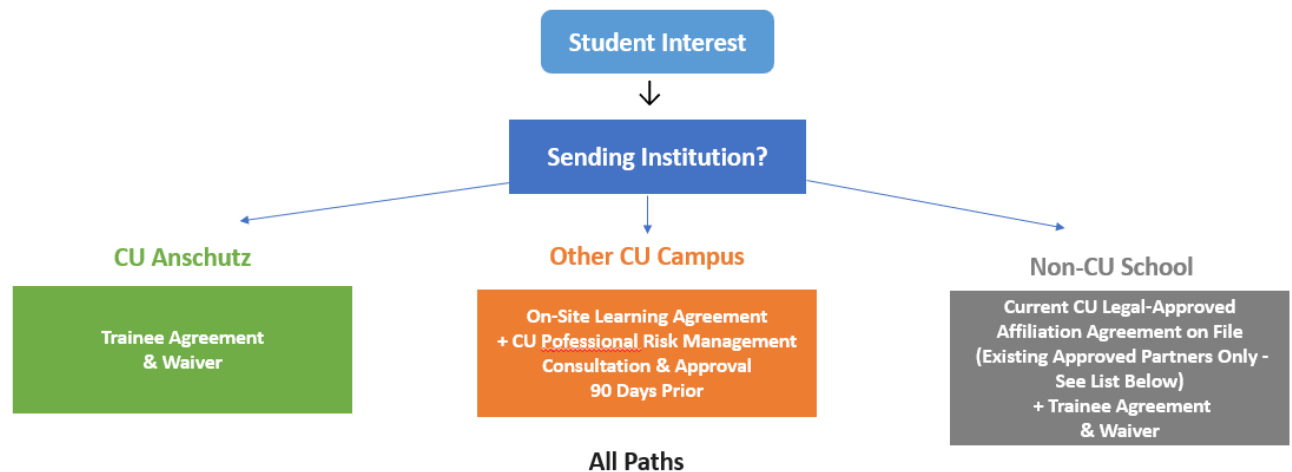


CU Anschutz Health & Wellness Internship Overview

Purpose: The Center offers meaningful internship opportunities that support educational and career development while providing hands-on professional experience in a supervised learning environment.

Category	Academic / For Credit	Non-Credit/Long Term Volunteer
Compensation	Unpaid	Unpaid
Length	Minimum one month; typically, 1 semester. Offered Fall, Spring, and Summer semesters	Minimum one month. May continue for multiple semesters. Often are given progressively more challenging opportunities.
GPA Requirement	Minimum GPA: 3.0	Not applicable for volunteers
Hours	Typically part-time: 4-12 hours per week for a minimum of 10 weeks. Summer can be full-time. Student must complete a minimum of 135 hours of work.	Determined by supervisor; see volunteer checklist
University Requirements	Separate requirements for: • CU Anschutz students • Other CU campus students • Non-CU schools See flowchart below.	Volunteer agreement & waiver
Supervision	Faculty Sponsor; evaluation required at end of semester.	Faculty Sponsor/Supervisor

CU AHCW Student Internship Approval Process



[Formstack Completed](#) -> Forms Completed -> Internship Approved → Orientation & Training → Internship Begins

Important: Other CU campus students require Professional Risk Management consultation and approval at least 90 days before the internship start date. PRM approval is required for clinical activities involving clients, patients, or research participants. Non-CU schools must provide workers' compensation through the sending institution.

Program Requirements

- The position must be a learning experience directly related to the intern's academic field of study.
- At least 80% of the work must consist of professional or pre-professional work assignments related to students' majors and/or career goals.
- An experienced professional with expertise in the content area of the internship (i.e., the "Faculty Sponsor") must be assigned to supervise/mentor the intern student. This person trains the student as needed, monitors the student, and evaluates the student's work performance.
- Interns must be given an orientation to the Center, safety procedures, training, ongoing supervision, and evaluation.
- Interns must meet all necessary University requirements for these internships, which include passing a background check, health and safety training, and completion of volunteer or trainee agreement risk and waiver forms.
- Interns must have an appropriate workspace and tools with which to perform their duties (i.e., access to a computer, software, etc.).
- There are no requirements for the student to pay the employer in any form for any part of the experience.
- The length of the assignment is clearly defined.
- Frequent evaluation/feedback of the student's performance will be provided by the supervisor.

By participating in the internship program, the faculty sponsor agrees to:

- Complete the [Request for CU AHWC Intern, Volunteer, or Trainee](#)
- Determine and discuss how the proposed internship is relevant to the students' educational objectives and merits academic credit, if applicable.
- Coordinate with CU AHWC human resources to establish a position description with minimum qualifications
- Assist interns in creating appropriate learning objectives to be met during the internship.
- Address all academic issues related to the internship.
- Provide interns with appropriate academic assignments related to the internship.
- Be available to the intern throughout the internship to appraise progress and address concerns and questions.
- Provide an evaluation at the end of the internship.

The intern agrees to:

- Fulfill those tasks and responsibilities assigned by the supervisor.
- Conduct themselves in an ethical and professional manner.
- Notify the faculty sponsor in a timely manner of any changes to this agreement or if problems develop during the internship.

Current Affiliation Agreements:

Partner Institution	Program/Discipline
University of Denver	Exercise Physiology
Colorado State University	College of Health and Human Sciences
Ashland University (AU)	Dwight Schar College of Nursing and Health Sciences

Metro State University	Department of Exercise and Sport Science
Regis University	School of Physical Therapy
St. Francis University	School of Health Sciences
Meredith College	Department of Nutrition, Health, and Human Performance
Metro State University	Department of Nutrition
Children's Hospital of Colorado	Dietetic Internship Program
Rocky Vista University	Clinical Research